



POST TREATMENT INSTRUCTION
CHEMICAL PEEL

Please observe the following after a Chemical Peel:

- Due to multiple variables, you may not peel, although you may notice light flaking in localized areas for several days.
- Your skin may experience residual redness for twenty-four hours.
- Do not apply makeup the day of treatment.
- Your skin may feel warm, tight and “pulled” for several days.
- Do not apply any skin care products containing alpha or beta hydroxy acids, hydroquinones, Retinol ® or other medication since they will irritate your skin. Cleanse the skin with a gentle non-acid cleanser.
- Do not pick, pull or remove any loose or exfoliating skin. This could result in permanent scarring and hyperpigmentation.
- No tanning or direct sun exposure for a minimum of 21 days following this procedure. The use of a sunblock with a SPF 30 or greater is mandatory while undergoing treatment.
- Refrain from Laser / IPL, electrolysis, facial waxing or facial depilatories until healing is complete.
- No hot showers, hot baths, hot tub/Jacuzzi or saunas for 48 hours.
- No swimming or exercising for 48 hours.

If you have any questions or concerns, please do not hesitate to contact our office.

I have read and understand the post-treatment instructions:

Patient Signature

Date